

# Introduction

## About

The Introduction video explains what beatboxing is and where it came from. We look at the different rhythms that the human body makes and at the different components of a drum kit.

## Lesson Aims

At the end of this lesson the student will be able to:

- Describe where the term **human beatbox** came from.
- Name the **three basic components** of a drum kit (the three basic beatbox sounds).
- Name two different **body rhythms** that the human body makes.
- Make a simple **rhythm using words**.

## How to use the material

Video Title: **Introduction**

Video Duration: **5 minutes**

Link: <http://www.beatboxbible.com/learn/introduction/>

The video is divided into 4 sections. The whole lesson can be played continuously or paused after each section. Each section can also be played individually from the submenu.

1. Play the whole lesson video through once (5 mins).
2. Engage In one or more activities.

## Activities

**Activity 1.1** Warm-up: Try the following rhythms with words:

**{ boots and cats and }**

**{bush tucka bush tucka }**

Start slowly and slowly speed up. How fast can you go?

**Activity 1.2** Ask the students what kind of different sounds they can make with their bodies (but not their mouths)? e.g. clapping hands, clicking fingers, slapping knees, tapping cheeks.

**Activity 1.3** Ask the students what kind of different sounds they can make with their mouths? e.g. words, farting sounds, yawns, coughs, sneezes, sniffs, clashing teeth, horse clicks, breathing in and out, shhhh!

**Activity 1.4** **A human drum machine.** You will need four signs made out of paper or card – ‘clock’, ‘kick drum’, ‘hi-hat’ and ‘snare drum’.

Ask for four volunteers. Each volunteer will be part of a human drum machine.

The first person will be the clock – used to keep time. This person will slowly say “1, 2, 3, 4” over and over again.

The second person will be the kick drum. They will say “Boom” on the first beat (when the clock says 1).

The third person will be the hi-hat. They will say “Ti” on every beat – e.g. “Ti Ti Ti Ti”.

The fourth person will be the snare drum. They will say “Push” on the third beat (when the clock says 3).

Start with the clock and see if you can get the four students to work together in time and be a human drum machine!

**Activity 1.5** Rather than using words to create a rhythm, let us try and create a rhythm using sounds. See if the students can say the following 8 sounds in a row (repeated):

**“ Boom, Ti, Push, Ti, Boom, Boom, Push, Ti “**